



Inlet United Newsletter for February 8 to February 14, 2026



What's Happening at Inlet United

February 8 to February 14, 2026

HIGHLIGHTS OF THE WEEK:

REV. JENN VACATION LEAVE - Please note that Rev. Jenn will be on vacation leave from February 9 to February 15 inclusive. For Pastoral Emergencies, please contact the church office at 604-939-5513 or email office@inletunited.ca or pastoralcare@inletunited.ca

NO CENTERING PRAYER MONDAY, FEBRUARY 9 or 16 - We will resume to our regular schedule on Monday, February 23 in person at Inlet United at The Springs meeting room.

UPCOMING THIS WEEK:

Sunday Worship Service, February 8, 2026 - Worship Service at 10am in person at The Springs and via YouTube LiveStream: Click [here](#) for Link. Theme: "Pouring Out Love". Cafe worship with Rev. Jenn Swanson presiding along with Music Director, Scott Gould and Guest Preacher, Rev. Pamela Evans and Lisa Munro representing First Third Ministries.

Monday, February 9 - Healing Pathway - Sessions are booked in advance for 1:15pm or 2pm. To book a session, please email healingpathway@inletunited.ca or contact the office at 604-939-5513. For more details [Click Here!](#)

Wednesday, February 11 from 7pm to 8:30pm - Inlet Sings! Choir rehearsal at Inlet United at The Springs. Childminding available upon request! For further details contact office@inletunited.ca



Prayer for Black History Month:

Creator,
thank you for all the beauty and uniqueness you have blessed each and every one of us with.

Thank you for all those who tell their stories, share their pain, and continue to show kindness to all with pride in existing as you made them.

During this reflection period help us stop and listen to all those who share their stories and experiences with racism, prejudices, and discrimination. Help us to stay in the discomfort that may arise in our hearts and to open ourselves to reflect on all that is shared.

May we become kinder to each other and share in the love that you unconditionally and unwaveringly give us.

In Jesus' name we pray. Amen.

(by Inzwi Munikwa, originally published for 40 Days of Engagement on Anti-Racism in 2025)

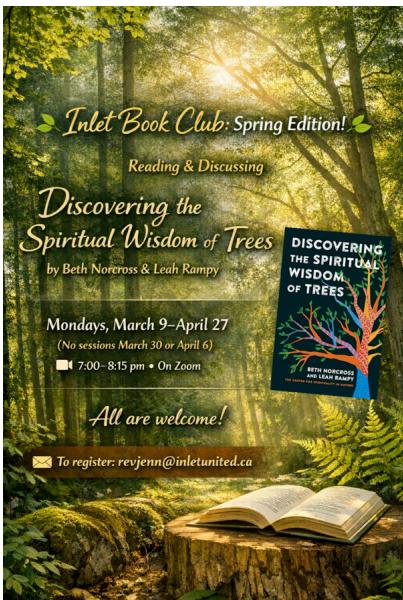


Stewardship Message

Inlet United Church Planned Giving program:

A Will is an act of love for your family. Consider making a bequest in your will to Inlet United Church as an act of love for your church family.

For further information on remembering Inlet United Church in your will, please contact the Stewardship Ministry: Fran, Cathy A., Julie A., Marta P., Betty.



Inlet Book Club: Spring Edition!

To register and to get the reading list and book:

Email: revjenn@inletunited.ca



Pancake Brunch

Join us after Sunday Worship on February 15th for a Pancake Brunch - Everyone Welcome!

REQUEST FOR VOLUNTEERS:

Hospitality needs a few volunteers to assist. A sign up sheet for helpers is in the foyer.



Next Drop in: Monday, February 16

Enter from the Office Level



Pink Shirt Sunday at Inlet United Church on Sunday, February 22

Pink Shirt day is Wednesday, February 25, and we encourage everyone to **wear a pink shirt to Church on Sunday, February 22** and on February 25 for pink shirt day.

Sprinkle kindness this pink shirt day!

This day is dedicated to promoting kindness and raising awareness against bullying. It originated in 2007 when two high school students in Nova Scotia encouraged their classmates to wear pink in solidarity for a bullied student. The day encourages everyone to wear pink to show support for anti-bullying efforts and to spread awareness about the importance of kindness and empathy.

For more information visit:
<https://www.pinkshirtday.ca/about>



Defibrillator Refresher

As February is Hearth Month, we are providing the link to the Video on how to use the Philips HeartStart Defibrillator which is located in our foyer at The Springs.

For more information visit:

<https://www.youtube.com/watch?v=cjLp3fbekXE&t=2s>

A flyer for the Tri Cities Poetry Fundraiser. It features a colorful background with circles and text. The text includes: 'TRI CITIES POETRY FUNDRAISER', '6pm, February 28th, 2026', 'Inlet United Church, 2315 Spring St, Port Moody, BC V3H 0L7', 'Tickets sliding scale \$20-\$30', 'join us for an evening of performances from amazing local talent, non alcoholic beverages, a silent auction and more!', 'HELP US KEEP OUR EVENTS FREE', and the 'TRI CITIES POETRY' logo.

Tri Cities Poetry Fundraiser

Saturday, February 28, 2026

Inlet Connects Ministry is teaming up with Tri Cities Poetry to host an evening of poetry, arts, and community. Non-alcoholic beverages and snacks will be available and a silent auction will take place.

Help us to support this grassroots organization and keep their regular events free.

For information about Tri Cities Poetry and to get your tickets, click the tab below.

For more information visit:

<https://www.eventbrite.ca/e/tri-cities-poetry-fundraiser-tickets-1979675834713?aff=odddtcreator>

A flyer for Taizé Contemplative Worship. It features a circular image of a building, the text 'Taizé Contemplative Worship', 'Inlet United Church Ioco Site Heritage Building 1790 Ioco Road, Port Moody', 'Join us on the Fourth Thursday of every Month at 7pm', 'Taizé Contemplative Worship Experiences are comprised of silence and song, candlelight and stillness, prayer and contemplation.', 'Come as you are and experience the peace ~ everyone welcome!', and a copyright notice: 'Taizé symbol: copyright © Ateliers et Presses de Taizé, 71250 Taizé, France.'

TAIZÉ CONTEMPLATIVE WORSHIP

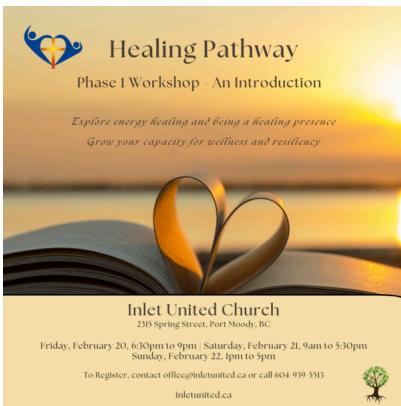
Next Experience: Thursday, February 26 at 7pm - Rev. Jenn Swanson presiding and along with Guest Musician, Dr. Bruce Harding

For more information visit:

<http://inletunited.ca/events/taize-contemplative-worship--73/2026-01-22>

Healing Pathway Phase 1 Workshop

For more information or to register: email office@inletunited.ca or call 604-939-5513



Sacred Walks: Morning Labyrinth Walk & Drop in Coffee

Next Event: Thursday, March 5, 2026

For more information visit:

<http://inletunited.ca/events/morning-labyrinth-walk-drop-in-coffee/2026-02-05>

Sacred Walks: Labyrinth Walk and Healing Pathway Chair Sessions

Next Event: Thursday, March 5, 2026

For more information visit:

<http://inletunited.ca/events/labyrinth-walk-healing-pathway-chair-sessions/2026-02-05>

Inlet Sings!

We invite you to join Music Director, Scott Gould and Inlet Sings! for regular choir rehearsals on Wednesday evenings from 7pm to 8:30pm - No matter your age or background, if you have a passion for singing, we have a place for you.

No fees & childminding available upon request.

For more information visit:

<http://inletunited.ca/events/inlet-sings/2025-10-01>

Inlet Sings!
Inlet United at The Springs

We offer a supportive and joyful environment where you can share your talent, connect with amazing people, and uplift our community through song.

Inlet Sings! invites you to join our vibrant choir!

No Fees & Childminding available!

Choir Rehearsal Wednesdays: 7pm - 8:30pm
Sunday warmup: 9:15am - 9:45am

Contact office@inletunited.ca or call 604-939-5513



inletunited.ca
2315 Spring Street, Port Moody, BC V3H 0L7

Moody Rocks!
A Classic Rock Choir
In Port Moody

Tuesdays Jan 27 - Apr 21 2026 7pm
Inlet United Church at The Springs
2315 Spring Street, Port Moody
Directed by Scott Gould
Info & registration scott@scottgould.ca

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Moody Rocks! A Classic Rock Choir in Port Moody

New Sessions for 2026:

Tuesdays - January 27 to April 21 at 7pm

Inlet United Church - 2315 Spring Street, Port Moody

For more information and to register, please contact Scott Gould directly at scott@scottgould.ca

Events in our Community

CONNECTING NEIGHBOURS THROUGH ENGAGING ACTIVITIES!



Community Breathwork at Inlet United

For further information and to register, contact Monica Krake at monica@headplusheart.com

Community Breathwork
We meet monthly for an intimate gathering that combines facilitated breathwork, intentional manifesting, and a supportive community of people committed to growth. Led by Monica Krake.

Sign up: monica@headplusheart.com or [@monicakrake](https://www.instagram.com/monicakrake)

Join us for
Summer Camp
2026!

Camp STEAM Coming [HERE](#) this summer!
Fun weekly themes like Minecraft and LEGO.
Learn new skillsets, mindset and toolsets
while having so much fun!

campsteam.ca

Robotics
Minecraft
Science Experiments

Engineering Builds
3D Printers and more!

Camp STEAM Canada

Summer Camps at Inlet United July 6 to August 28

For more information visit:

<https://campsteam.ca/summer-camps/port-moody/>

Inlet Music Series presents

Krystle Dos Santos

R&B, Soul, Jazz

Sat. Feb. 21/26, 7:30 pm (doors 7 pm)

Tickets: \$40 Advance
(\$50 at door if not sold out)
Student Tickets: \$25 + s/c/tax
Inlet Theatre
100 Newport Dr, Port Moody
(free parking)

www.PortMoodyMusic.com




Inlet Theatre Music Series

For more information visit:

<https://www.portmoodymusic.com/series-concerts>



The Wider Church
Spreading God's Love

Our Region and Across the Globe

**HONOURING
BLACK
HISTORY
MONTH**

THE UNITED CHURCH OF CANADA

Black History Month

February is Black History (African Heritage) Month, officially recognized in Canada since 1996. It is a time to highlight the histories, contributions, and lived realities of people of African descent, and to reflect on the ongoing impacts of anti-Black racism.

Communities of faith may draw on worship resources, reflections, and educational materials, including *Here from the Beginning*, a United Church exhibition celebrating Black voices and experiences. Communities might also explore the United Church's commitment to the United Nations Second International Decade for People of African Descent (2025–2034).

While February offers a focused moment, this work continues year-round through ongoing opportunities for learning, worship, and action.

For more information visit:

https://united-church.ca/news/black-history-month-resources-available-year-round?utm_source=E-Newsletters&utm_campaign=514e84929c-ES_260113_COPY_01&utm_medium=email&utm_term=0_-3c3b6f8241-159521893&goal=0_53a49c9e28-514e84929c-159521893&mc_cid=514e84929c&mc_eid=a521c3e8d2

JAZZ VESPERS Northwood United Church
IN THE VALLEY 2025-2026 Season

Oct 5 Nick Apivor & Friends 3:30 PM
 Oct 19 The Aaron Hardie Quartet
 Nov 9 Lesley Branton Trio
 Nov 26 Jazz Orchestra of the 49th Parallel
 Dec 14 South Van Big Band
 Jan 11 Footnotes
 Feb 1 Bez Gospel Choir
 Feb 22 Linda Szentes & Jazzlinks
 Mar 8 Joelle Lush and Sharon Minemoto
 Mar 22 Wild Blue Herons with Marcus Mosley
 Apr 19 Inlet Jazz Band
 May 3 Vancouver Groove Orchestra
 May 24 Laura Crema & Friends
 Come early! Fellowship with coffee, tea and home baked goodies served before the event.
<https://www.northwood-united.org/>

Made with PosterMyWall.com



Northwood United Church

JUBILEE UNITED CHURCH
 INVITES YOU TO A MUSICAL SERIES
SWEET SOUNDS ON SUSSEX
 With THE POORBOYS
 Featuring MADELINE GRACE

FEB 28, 2026
 6:30PM DOORS
 7:00 PM CONCERT

REFRESHMENTS AVAILABLE FOR PURCHASE

Tickets \$25
 available by calling
 604 434 8323
<https://tinyurl.com/2602POORBOY>
 6000 Sussex Ave. Burnaby
www.jubilee-uc.ca



Jubilee United Church

Imagine CHILDREN'S RETREAT 2026

for children ages 8-11, or their leaders!

We hope to see YOU let out of the retreats in 2026!

Three locations: Alberta, Vancouver Island, the Lower Mainland

REGISTRATION IS OPEN!

firstthirdministry.ca



Imagine Children's Retreat

For more information visit:

<https://www.firstthirdministry.ca/imaginechildrensretreat.html>

The Pacific Mountain Region

And World Council of Churches

Pacific Mountain Region

For current events and news, please visit the **Pacific Mountain Region** website.

Pacific Mountain Region Indigenous Ministry

For current events and news, visit PMR Indigenous Ministry - **[click here!](#)**

The World Council of Churches

Please visit the **World Council of Churches** website for the Ecumenical Prayer Cycle prayers for the current week.



Financial Offerings

The ministry of Inlet United Church relies heavily on donations from you to keep the ministry operational. Your financial offering is a faith response and a symbol of stewardship. We use these donations to do the work of Jesus both here in this community and far beyond our own walls.

There are 4 easy ways to donate (tax receipts issued at end of year):

1) Interac e-transfer through your bank or credit union. Interac e-transfers should be sent to **donations@inletunited.ca**.

2) PAR (automatic monthly donations through your bank). Please reach out to Marcia Carmichael or the office via phone or email to set this up. **Note - If you would like to increase your monthly PAR offerings, please contact Marcia to arrange this.**

3) Donate via credit card on our website - www.inletunited.ca - using the "Give" option (select "Local Offerings/General" from the "To" drop down)

4) Send a cheque made out to Inlet United Church to the office. Remember to include your envelope/donor number if you have one.

If you are attending in person, you may donate via our wooden offering box on Sundays in the sanctuary. Please write your name, contact information and/or envelope number on the envelope if you would like your donation to be added to your annual tax receipt.

We thank you again for your generosity and your support!

For more information visit:
<https://www.inletunited.ca/give>



Inlet United Church Contact Information

Get in Touch!

Office Hours: Monday - Friday from 9:30am - 3:30pm

EMAIL:

Rev. Jennifer Swanson | revjenn@inletunited.ca

Office Administrator - Kelly Doyle | office@inletunited.ca

AV Technician - Robbie Munro | AVTech@inletunited.ca

Music Director - Scott Gould | scott@scottgould.ca

PHONE:

Main Church Number: 604-939-5513

Minister's Direct Line: 778-369-1938

ADDRESS:

2315 Spring Street, Port Moody, BC V3H 0L7

Website: www.inletunited.ca



Newsletter Submissions

Your submissions are welcome!

HOW TO SUBMIT YOUR POST

Please submit posts to office@inletunited.ca.

Submission deadline: End of day Wednesday each week.

The newsletter features Inlet United Church and related community posts. Please include your event or news information and a photo if you like.

Inlet United Church retains the right to edit all submissions for brevity and clarity, to remove or not include submissions.

Thank you!