



**INLET
UNITED CHURCH**

Inlet United Newsletter for March 1 to March 7, 2026



What's Happening at Inlet United

March 1 to March 7, 2026

HIGHLIGHTS OF THE WEEK:

SACRED WALKS COMBINED COMMUNITY EVENT - THURSDAY, MARCH 5 -

Join us for this combined community event with our Morning Drop in Coffee and Labyrinth Walk from 10:30am to Noon and our evening event with Labyrinth Walk and Healing Pathway Chair Sessions from 7pm to 8pm. These are drop-in events & Everyone is Welcome! More details in this newsletter!

UPCOMING THIS WEEK:

Sunday Worship Service, March 1, 2026 - Worship Service at 10am in person at The Springs and via YouTube LiveStream: [Click here for Link](#). Lent Worship Series: "What R U Up 2?"; Lent 2 - Theme: "Take Up". Rev. Jenn Swanson presiding along with Music Director, Scott Gould.

Wednesday, March 4 from 9:30am to 10:30am - Chair Yoga at IUC at The Springs. This session is currently full. Please contact the church office to be placed on a waitlist.

Wednesday, March 4 from 7pm to 8:30pm – Inlet Sings! Choir rehearsal at Inlet United at The Springs. Childminding available upon request! For further details contact office@inletunited.ca



Prayer:

God of new beginnings,
As we step into March, open our hearts to the possibilities You place before us.
Stir in us the courage to "get up to" something good—something that heals, includes, and uplifts.
May our everyday actions be seeds of hope for the world You love.
Amen.



Stewardship Message

Inlet United Church Planned Giving program:

Did you know that if you make a gift to the church through a bequest in your will, your estate will receive a charitable donation receipt to help offset income taxes?

For further information on remembering Inlet United Church in your will, please contact the Stewardship Ministry; Fran, Cathy A., Julie A., Marta P., Betty.

Sacred Walks
Join us for this community event and meet friendly faces, relax and enjoy coffee and walk the labyrinth.
Everyone Welcome!

Morning Labyrinth Walk & Drop in Coffee
Healing Energy | Community | Sacred Walking
10:30am to Noon
First Thursday of each month

Inlet United Church at The Springs
2315 Spring Street, Port Moody

Inlet United Church
office@inletunited.ca | 604-939-5513
inletunited.ca

Sacred Walks: Morning Labyrinth Walk & Drop in Coffee

Next Event: Thursday, March 5, 2026

For more information visit:

<http://inletunited.ca/events/morning-labyrinth-walk-drop-in-coffee/2026-02-05>

Sacred Walks
Come and experience the magic of walking the Labyrinth!

Labyrinth Walk - Healing Pathway
Inlet United at The Springs
First Thursday Monthly
7pm to 8pm

Labyrinth Walk
A self-led walking practice with the soothing music, offering a spiritual pathway and safe space to explore your inner world, reducing stress and cultivating peace.

Healing Pathway Chair Sessions
Healing Pathway practitioners will be available to offer short healing sessions to receivers sitting on chairs. You can add ten minutes of intentional energy healing to the time of meditative walking and listening. For more information contact healingpathway@inletunited.ca

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inletunited.ca

Sacred Walks: Labyrinth Walk and Healing Pathway Chair Sessions

Next Event: Thursday, March 5, 2026

For more information visit:

<http://inletunited.ca/events/labyrinth-walk-healing-pathway-chair-sessions/2026-02-05>

CONGREGATIONAL
MEETING

Inlet United Church

Inlet United Church 2026 ACM

Our Annual Congregational Meeting (ACM) is being held on Sunday, March 8, 2026 after worship. We will have a potluck lunch prior to the meeting.

At the Annual Congregational Meeting, the Congregation is responsible for:

- a) electing a chair and a secretary of the annual meeting;
- b) receiving the annual reports from the governing body, committees, and other groups in the Congregation or pastoral charge;
- c) electing the governing body, trustees, regional council representatives, and members of the committees; and
- d) considering and making a decision on the draft annual budget.

Note: Congregants must be part of the Membership Roll or recognized as an "Adherent" to vote at an ACM.

Potluck Lunch: We will have a finger food potluck lunch prior to the ACM. It would be greatly appreciated if those attending would bring food to share for the potluck. Suggested items: sandwiches, crackers, cheese, fruit, veggies or any other finger food.



Then Let us Sing! Hymn Book

If you are interested in purchasing a copy of the new Hymn Book, "Then Let Us Sing!" for yourself, or you would like to purchase a copy for Inlet United Church, please email the office at office@inletunited.ca

Books are \$34.60 each and payment via e-transfer to donations@inletunited.ca and note Then Let Us Sing in the notes or by cash or cheque payable to Inlet United Church.

Note: We will take orders up to Monday, March 16.



Inlet Book Club: Spring Edition!

To register and to get the reading list and book:

Email: revjenn@inletunited.ca

EVERYONE
is welcome here



**DONATE A BOOK TO OUR NEW
"INCLUSION" CATEGORY
AT THE INLET UNITED CHURCH LIBRARY**

Display in the Foyer!

Have a look at the books on display in the foyer and see the sticky note with the price and where it is available.

If you would like to purchase one of these books, write your name and email in the "Yellow Highlighted" area on the sticky note, and we will be in touch with you about the purchase.

We will put a book plate with your donor recognition.

Thank you for your Support!

Empowering Voices
Rooted in Community - United in Love
A one day conference empowering 2SLGBTQI+ voices
and building an inclusive community united in love

Saturday, June 27, 2026
9am - 5pm

Workshops for Everyone
Youth, Adults, Caregivers, Allies
Come as you are - Everyone is Welcome!

For Tickets & Information
Visit inletunited.ca or scan barcode

Inlet United Church
2315 Spring Street, Port Moody
604-939-5513 | office@inletunited.ca
inletunited.ca

SAVE THE DATE

If you would like to join our planning committee, please contact Kelly at the church office

office@inletunited.ca or call 604-939-5513

For more information visit:

<https://www.inletunited.ca/events/empowering-voices-conference/2026-06-27>

2SLGBTQIA+
Everyone is
Welcome!

**TRANS-KIDS
TRANS-FAMILIES**

A drop in support and information group for
parents, caregivers and allies!

The third Monday of each month
6:30pm to 8pm-ish

What does it mean when your child tells you they are transgender, two-spirit,
or that they are exploring (or wanting to explore) their gender identity?
You love them.
And you have questions, concerns and things you don't understand.
Join us in a safe welcoming space to Connect, Share Stories,
Ask Questions and find helpful resources.
Learn how to navigate the paths travelled
by your unique rainbow kid!
For information email lynda@inletunited.ca

Inlet United Church
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604-939-5513 | office@inletunited.ca
inletunited.ca

Next Drop in: Monday, March 16

Enter from the Office Level

TAIZÉ CONTEMPLATIVE WORSHIP

Next Experience: Thursday, March 26 at 7pm - Rev. Jenn Swanson presiding and along with Guest Musician, Dr. Bruce Harding

For more information visit:

<http://inletunited.ca/events/taize-contemplative-worship--73/2026-01-22>

Taizé
Contemplative Worship

Inlet United Church loco Site
Heritage Building
1790 loco Road, Port Moody

Join us on the Fourth Thursday of every Month at 7pm

Taizé Contemplative Worship Experiences are comprised of silence and song, candlelight and stillness, prayer and contemplation.

Come as you are and experience the peace - everyone welcome!

Taizé symbol: copyright © Ateliers et Presses de Taizé, 71250 Taizé, France.

Inlet Sings!
Inlet United at The Springs

We offer a supportive and joyful environment where you can share your talent, connect with amazing people, and uplift our community through song.

Inlet Sings! invites you to join our vibrant choir!

No Fees & Childminding available!

Choir Rehearsal Wednesdays: 7pm - 8:30pm
Sunday warmup: 9:15am - 9:45am

Contact office@inletunited.ca or call 604-939-5513

inletunited.ca
2315 Spring Street, Port Moody, BC V3H 0L7

Inlet Sings!

We invite you to join Music Director, Scott Gould and Inlet Sings! for regular choir rehearsals on Wednesday evenings from 7pm to 8:30pm - No matter your age or background, if you have a passion for singing, we have a place for you.

No fees & childminding available upon request.

For more information visit:

<http://inletunited.ca/events/inlet-sings/2025-10-01>

Moody Rocks!
A Classic Rock Choir
In Port Moody

12 Tuesdays Jan 27 - Apr 21, 2020 7pm

Inlet United Church at The Springs
2315 Spring Street, Port Moody

Directed by **Scott Gould**
Info & registration: scott@scottgould.ca

mind wild easy love stills james

Moody Rocks! A Classic Rock Choir in Port Moody

New Sessions for 2026:

Tuesdays - January 27 to April 21 at 7pm

Inlet United Church - 2315 Spring Street, Port Moody

For more information and to register, please contact Scott Gould directly at scott@scottgould.ca

Events in our Community

CONNECTING NEIGHBOURS THROUGH ENGAGING ACTIVITIES!



Jodine's Stage & Studio

At Inlet United Church at The Springs

Spend an evening singing a song in a room full of voices! No ongoing rehearsals and no pressure, just JOY, music and connection! Taught by local vocalist and vocal coach, Jodine Morehouse.

How it works:

One Night Experience: arrive, warm up, sing and celebrate

Two Part Harmony: taught by ear, no previous experience required.

Piano-led: Our talented piano player guides the music.

Snacks and Social: stick around afterwards to connect with others.

PRICE: \$30

Early Bird \$25 until Feb 21

Buy a ticket for you and a friend \$55

16+ No experience required

For more information visit:

<https://jodinesings.com/one-night-one-song>



Quartal Voices - Vocal Jazz Ensemble

Saturday, March 21 at Inlet United Church

For more information visit:

<https://www.bloomtickets.ca/event/285?QuartalVoicesVocalJazzEnsemble>

Community Breathwork at Inlet United

For further information and to register, contact Monica Krake at monica@headplusheart.com



Community Breathwork

We meet monthly for an intimate gathering that combines facilitated breathwork, intentional manifesting, and a supportive community of people committed to growth. Led by Monica Krake.

Sign up: monica@headplusheart.com or [@monickrake](https://www.instagram.com/monickrake)

Inlet Theatre Music Series

This show features Laila Baili with her band. She was a nominee for a 2026 Grammy for her most recent album. The show is almost sold out!

For more information visit:

<https://www.portmoodymusic.com/series-concerts>

Inlet Music Series
presents

2026
Grammy Nominee

Laila Biali

Joni Mitchell & the Canadian Songbook Reimagined

Sat. Mar. 21/26, 7:30 pm (doors 7 pm)
Tickets Online: \$40 (+Tx + s/c)
(\$50 at door if not sold out)

Inlet Theatre
100 Newport Dr., Port Moody
(free parking)

www.PortMoodyMusic.com

Camp STEAM Canada

Summer Camps at Inlet United July 6 to August 28

For more information visit:

<https://campsteam.ca/summer-camps/port-moody/>

Join us for
Summer Camp 2026!

Camp STEAM Coming **HERE** this summer!
Fun weekly themes like Minecraft and LEGO.
Learn new skillsets, mindsets and toolsets
while having so much fun!

campsteam.ca

Robotics
Minecraft
Science Experiments

Engineering Builds
3D Printers and more!

The Wider Church
Spreading God's Love

Our Region and Across the Globe

Lift Every Voice Gospel Workshop

Highland United Church, North Vancouver

Save the date for May 8th & 9th as Inlet United will once again be hosting the same workshop at and with Como Lake United.

Lift Every Voice

A Gospel Choral Singing Workshop

with *Marcus Mosely*



Ages 12 and up

Bill Sample and Darlene Cooper

Fri March 13 - Saturday March 14
 Fri 7 - 9 pm / Sat. 10 am - 4 pm
 Saturday - Concert at 5pm
 Cost: \$125 (early bird \$100 until February 28).

Highlands United Church
 3255 Edgemont Blvd, North Vancouver

Info and registration:
 roxiemusic2017@gmail.com or call: 604 929 7864

Northwood United Church

JAZZ VESPERS

IN THE VALLEY

Northwood United Church
 2025-2026 Season



Oct 5 Nick Apivor & Friends
 Oct 19 The Aaron Hardie Quartet 3:30 PM
 Nov 9 Lesley Branton Trio
 Nov 30 Jazz Orchestra of the 49th Parallel
 Dec 14 South Van Big Band
 Jan 11 Footnotes
 Feb 1 Bez Gospel Choir
 Feb 22 Linda Szentos & Jazzlinks
 Mar 8 Joelle Lush and Sharon Minamoto
 Mar 22 Wild Blue Herons with Marcus Mosley
 Apr 19 Inlet Jazz Band
 May 3 Vancouver Groove Orchestra
 May 24 Laura Crema & Friends

Free with donation.

Come early! Fellowship with coffee, tea and home baked goodies served before the event.

8855 156th Street, Surrey, BC
<https://www.northwood-united.org/>

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Imagine Children's Retreat

For more information visit:

<https://www.firstthirdministry.ca/imaginechildrensretreat.html>



Imagine
 CHILDREN'S RETREAT

2026

for children ages 8-11 and their teachers!

We hope to see YOU at one of the retreats in 2026!

Three locations: Alberta, Vancouver Island, the Lower Mainland

REGISTRATION IS OPEN!

firstthirdministry.ca

The Pacific Mountain Region

And World Council of Churches

Pacific Mountain Region

For current events and news, please visit the **Pacific Mountain Region** website.

Pacific Mountain Region Indigenous Ministry

For current events and news, visit PMR Indigenous Ministry - **[click here!](#)**

The World Council of Churches

Please visit the **World Council of Churches** website for the Ecumenical Prayer Cycle prayers for the current week.



Financial Offerings

The ministry of Inlet United Church relies heavily on donations from you to keep the ministry operational. Your financial offering is a faith response and a symbol of stewardship. We use these donations to do the work of Jesus both here in this community and far beyond our own walls.

There are 4 easy ways to donate (tax receipts issued at end of year):

1) Interac e-transfer through your bank or credit union. Interac e-transfers should be sent to **donations@inletunited.ca**.

2) PAR (automatic monthly donations through your bank). Please reach out to Marcia Carmichael or the office via phone or email to set this up. ****Note - If you would like to increase your monthly PAR offerings, please contact Marcia to arrange this.****

3) Donate via credit card on our website – **www.inletunited.ca** – using the “Give” option (select "Local Offerings/General" from the "To" drop down)

4) Send a cheque made out to Inlet United Church to the office. Remember to include your envelope/donor number if you have one.

If you are attending in person, you may donate via our wooden offering box on Sundays in the sanctuary. Please write your name, contact information and/or envelope number on the envelope if you would like your donation to be added to your annual tax receipt.

We thank you again for your generosity and your support!

For more information visit:
<https://www.inletunited.ca/give>



Inlet United Church Contact Information

Get in Touch!

Office Hours: Monday - Friday from 9:30am - 3:30pm

EMAIL:

Rev. Jennifer Swanson | revjenn@inletunited.ca

Office Administrator – Kelly Doyle | office@inletunited.ca

AV Technician - Robbie Munro | AVTech@inletunited.ca

Music Director - Scott Gould | scott@scottgould.ca

PHONE:

Main Church Number: 604-939-5513

Minister's Direct Line: 778-369-1938

ADDRESS:

2315 Spring Street, Port Moody, BC V3H 0L7

Website: www.inletunited.ca



Newsletter Submissions

Your submissions are welcome!

HOW TO SUBMIT YOUR POST

Please submit posts to office@inletunited.ca.

Submission deadline: End of day Wednesday each week.

The newsletter features Inlet United Church and related community posts. Please include your event or news information and a photo if you like.

Inlet United Church retains the right to edit all submissions for brevity and clarity, to remove or not include submissions.

Thank you!