



**INLET
UNITED CHURCH**

Inlet United Newsletter for March 15 to March 21, 2026



What's Happening at Inlet United

March 15 to March 21, 2026

HIGHLIGHTS OF THE WEEK:

TRANS KIDS~TRANS FAMILIES DROP IN SUPPORT & INFORMATION GROUP

- Monday, March 16 from 6:30pm to 8pm. Join us in a safe welcoming space to connect, share stories, ask questions, and find helpful resources. Enter at the office level. More details in this newsletter.

UPCOMING THIS WEEK:

Sunday Worship Service, March 15, 2026 - Worship Service at 10am in person at The Springs and via YouTube LiveStream: Click here for Link.

Lent Worship Series: "What R U Up 2?"; Lent 4 - Theme: Light Up. Rev. Jenn Swanson presiding along with Music Director, Scott Gould.

Monday, March 16 at 10:30am - Centering Prayer - In person at Inlet United at The Springs meeting room.

Monday, March 16 - Healing Pathway - Sessions are booked in advance for 1:15pm or 2pm. To book a session, please email healingpathway@inletunited.ca or contact the office at 604-939-5513. More details in this newsletter.

Monday, March 16 at 7pm via Zoom - Inlet Book Club: Spring Edition!
Discovering the Spiritual Wisdom of Trees by Beth Norcross & Leah Rampy.

Wednesday, March 18 from 9:30am to 10:30am - Chair Yoga at IUC at The Springs. This session is currently full. Please contact the church office to be placed on a waitlist.

Wednesday, March 18 from 7pm to 8:30pm - Inlet Sings! Choir rehearsal at Inlet United at The Springs. Childminding available upon request! For further details contact office@inletunited.ca



Prayer:

Holy Companion,
Thank You for walking with us as we discover what You're calling us to do and be.
When our energy fades, lift us with Your grace.
When our imagination lags, inspire us again with purpose.
Keep us moving toward Your dream for the world.
Amen.



Stewardship Message

Inlet United Church Planned Giving program:

Make a difference to your church tomorrow with a planned gift today. Thank you for remembering Inlet United Church in your estate planning.

For further information on remembering Inlet United Church in your will, please contact the Stewardship Ministry; Fran, Cathy A., Julie A., Marta P., Betty.

2SLGBTQIA+
Everyone is
Welcome!

TRANS-KIDS TRANS-FAMILIES

A drop in support and information group for
parents, caregivers and allies!

The third Monday of each month
6:30pm to 8pm-ish

What does it mean when your child tells you they are transgender, two-spirit,
or that they are exploring (or wanting to explore) their gender identity?
You love them.
And you have questions, concerns and things you don't understand.

Join us in a safe welcoming space to Connect, Share Stories,
Ask Questions and find helpful resources.

Learn how to navigate the paths travelled
by your unique rainbow kid!

For information email lynda@inletunited.ca

Inlet United Church
2315 Spring Street, Port Moody
604-939-5513 | office@inletunited.ca
inletunited.ca

Next Drop in: Monday, March 16

Enter from the Office Level

Como Lake and Inlet United Churches
present

Lift Every Voice Workshop

Bill Sample Darlene Cooper Marcus Mosely

SAVE THE DATE!

Save the date for May 8th & 9th as Inlet United will once again be hosting the Lift Every Voice Gospel workshop with Como Lake United. The Workshop will be at Como Lake United Church. Further details and registration coming soon!

Taizé
Contemplative Worship

Inlet United Church Ioco Site
Heritage Building
1790 Ioco Road, Port Moody

Join us on the Fourth Thursday of every Month at 7pm

Taizé Contemplative Worship Experiences are comprised of silence and song, candlelight and stillness, prayer and contemplation.

Come as you are and experience the peace – everyone welcome!

Taizé symbol: copyright © Ateliers et Presses de Taizé, 71250 Taizé, France.

TAIZÉ CONTEMPLATIVE WORSHIP

Next Experience: Thursday, March 26 at 7pm - Rev. Jenn Swanson presiding and along with Guest Musician, Dr. Bruce Harding

For more information visit:

<http://inletunited.ca/events/taize-contemplative-worship--73/2026-01-22>

MOODY ROCKS! **IN CONCERT**

FRIDAY, MARCH 27TH @ 7:30PM
INLET UNITED CHURCH
2315 SPRING STREET, PORT MOODY

SATURDAY, MARCH 28TH @ 7:30PM
MICHAEL WRIGHT ART GALLERY
#200 - 2253 LEIGH SQUARE, PORT COQUITLAM

MOODY ROCKS! IS A CLASSIC ROCK CHOIR
DIRECTED BY SCOTT GOULD

ADMISSION BY DONATION WITH PROCEEDS GOING
TO SHARE FAMILY & COMMUNITY SERVICES

TALKING 'BOUT A REVOLUTION

FEATURING THE POWER OF:
CROWN STILLS & MASH
THE BELLIES
KANSAS
TIGER GIANT PAIN
THE BROTHERS
NUCKLOWE

Moody Rocks! In Concert

Friday, March 27, 2026

At Inlet United Church at The Springs

Holy Week

SERVICES AT INLET UNITED CHURCH

Palm Sunday Worship
Sunday March 29 at Inlet United at The Springs - 10am

Maundy Thursday evening service with Labyrinth Walk with Prayer Stations
Thursday April 2 at Inlet United at The Springs - 6:30pm

Good Friday Service
Friday April 3 at Golden Ears United, Maple Ridge - 11am (Joint UC Service)

Easter "Sunrise" Service
Sunday April 5 at the Pier - 7:30am

Easter Sunday Worship
Sunday April 5 at Inlet United at The Springs - 10am

All Services except Maundy Thursday and Easter Sunrise will be available on YouTube LiveStream

Inlet United at The Springs 2315 Spring St. Port Moody
inletunited.ca

Holy Week Services

Maundy Thursday we will host a special Labyrinth Walk with Prayer Stations, including Healing Pathway.

Good Friday Service is a joint United Church service at Golden Ears United Church, 22165 Dewdney Trunk Rd, Maple Ridge.



Join us monthly for this free community gathering; meet friendly faces, relax and enjoy coffee.

Everyone Welcome!

Morning Drop in Coffee

10:30am to Noon
First Thursday of each month

Inlet United Church at The Springs
2315 Spring Street, Port Moody

Inlet United Church
office@inletunited.ca | 604-939-5513
inletunited.ca

Morning Drop in Coffee

Next Event: Thursday, April 2, 2026

Free Community Gathering - Everyone Welcome!

We will offer a Labyrinth Walk at the Morning Drop in Coffee, then we are taking a pause with our Labyrinth Walk - we will resume in September 2026!

For more information visit:

<http://inletunited.ca/events/morning-labyrinth-walk-drop-in-coffee/2026-02-05>



Empowering Voices

Rooted In Community - United In Love

A one day conference empowering 2SLGBTQI+ voices and building an inclusive community united in love

Saturday, June 27, 2026
9am - 5pm

Workshops for Everyone
Youth, Adults, Caregivers, Allies
Come as you are - Everyone is Welcome!

For Tickets & Information
Visit inletunited.ca or scan barcode

Inlet United Church
2315 Spring Street, Port Moody
604-939-5513 | office@inletunited.ca
inletunited.ca

SAVE THE DATE

If you would like to join our planning committee, please contact Kelly at the church office

office@inletunited.ca or call 604-939-5513

For more information visit:

<https://www.inletunited.ca/events/empowering-voices-conference/2026-06-27>



Inlet Sings!

Inlet United at The Springs

We offer a supportive and joyful environment where you can share your talent, connect with amazing people, and uplift our community through song.

Inlet Sings! invites you to join our vibrant choir!

No Fees & Childminding available!

Choir Rehearsal Wednesdays: 7pm - 8:30pm
Sunday warmup: 9:15am - 9:45am

Contact office@inletunited.ca or call 604-939-5513

Inlet United Church
2315 Spring Street, Port Moody, BC V3H 0L7

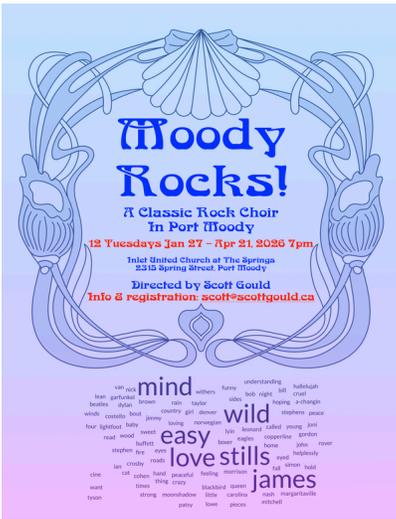
Inlet Sings!

We invite you to join Music Director, Scott Gould and Inlet Sings! for regular choir rehearsals on Wednesday evenings from 7pm to 8:30pm - No matter your age or background, if you have a passion for singing, we have a place for you.

No fees & childminding available upon request.

For more information visit:

<http://inletunited.ca/events/inlet-sings/2025-10-01>



Moody Rocks! A Classic Rock Choir in Port Moody

New Sessions for 2026:

Tuesdays - January 27 to April 21 at 7pm

Inlet United Church - 2315 Spring Street, Port Moody

For more information and to register, please contact Scott Gould directly at scott@scottgould.ca



CONNECTING NEIGHBOURS THROUGH ENGAGING ACTIVITIES!



Tri Cities Rock!



Quartal Voices - Vocal Jazz Ensemble

Saturday, March 21 at Inlet United Church

For more information visit:

<https://www.bloomtickets.ca/event/285?QuartalVoicesVocalJazzEnsemble>

You are invited!



JOIN US FOR A MELODIOUS AFTERNOON WITH COMFORT KEEPERS

ENCORES FOR ANMORE

In-Home Care Service Provider for 25+ yrs

COMFORT KEEPERS INVITES YOU TO A FUN MUSICAL AFTERNOON
EVERYONE WELCOME—BRING YOUR FAMILY & FRIENDS



MARCH 28TH

11 AM - 1 PM

ANMORE COMMUNITY HUB
2697 Sunnyside Rd, Anmore, BC V3H 4W9

Live Music Performance by
LISA RAE SIMONS

Comfort Keepers Tri-Cities: Proudly Serving
Coquitlam, Port Coquitlam, Port Moody, Anmore & Belcarra
www.comfortkeepers.ca/tricities
tricities@comfortkeepers.ca
672-888-9972



Bez Gospel Choir - Live!

New Life Community Church
8765 Government St, Burnaby

Featuring



Lincoln Tatem



Diane Lines

Friday April 17th 7PM

Adult: \$20 / Under 14: \$15 / Kids on laps: Free
**includes complimentary snacks & desserts*

You are invited!

For more information visit:

<https://www.eventbrite.ca/e/the-bez-gospel-choir-live-tickets-1984509697928>



Community Breathwork at Inlet United

For further information and to register, contact Monica Krake at monica@headplusheart.com

Community Breathwork

We meet monthly for an intimate gathering that combines facilitated breathwork, intentional manifesting, and a supportive community of people committed to growth. Led by Monica Krake.

Sign up: monica@headplusheart.com or [@monicakrake](https://www.instagram.com/monicakrake)

Inlet Music Series
presents

2026
Grammy Nominee

Laila Biali

Joni Mitchell & the Canadian Songbook Reimagined



Sat. Mar. 21/26, 7:30 pm (doors 7 pm)
Tickets Online: \$40 (+Tx + s/c)
(\$50 at door if not sold out)

Inlet Theatre
100 Newport Dr., Port Moody
(free parking)



www.PortMoodyMusic.com




Inlet Theatre Music Series

This show features Laila Biali with her band. She was a nominee for a 2026 Grammy for her most recent album. The show is almost sold out!

For more information visit:

<https://www.portmoodymusic.com/series-concerts>



Join us for Summer Camp 2026!

Camp STEAM Coming **HERE** this summer!
Fun weekly themes like Minecraft and LEGO.
Learn new skillsets, mindsets and toolsets while having so much fun!

campsteam.ca

Robotics
Minecraft
Science Experiments

Engineering Builds
3D Printers and more!

Camp STEAM Canada

Summer Camps at Inlet United July 6 to August 28

For more information visit:

<https://campsteam.ca/summer-camps/port-moody/>



The Wider Church
Spreading God's Love

Our Region and Across the Globe

Free Learning Event

Advance Planning Tools- Wills, Powers of Attorney, Representation Agreements



Advance planning can help ensure your wishes will be respected if you were to become incapable and when you pass away.

Presented by a lawyer for Seniors First BC Staff, join us to learn about tools that can help plan for your future, including wills, powers of attorney, representation agreements and more.



Saturday, April 18th, 2026
2:00-3:30pm



Deer Lake United Church
5135 Sperling Avenue,
Burnaby

Hosted by:



For more information, please contact
Paul Anderson

Deer Lake United - You are Invited!

For further information, email: office@deerlakeunited.ca

Blanket Exercise Workshop

Cecelia Reekie is a proud member of the Haisla First Nation. She believes deeply in the power of personal storytelling to raise awareness and foster understanding of Indigenous cultures and the history of Indigenous Peoples in Canada. Speaking from the heart, Cecelia thoughtfully weaves together her diverse life experiences to create meaningful and engaging cultural workshops. She currently serves as a Cultural Presenter with the Langley School District, where she shares her knowledge and perspectives with students, educators, and the wider community.

Join us for this special Blanket Exercise Workshop with facilitator, Cecelia Reekie.

Como Lake United Church
535 Marmont Street, Coquitlam

May 3, 2026 at 1pm
\$10 Registration Fee to finance@comolakeunited.ca
(For fee assist please contact us)

Seating is limited so please RSVP as soon as possible.
office@comolakeunited.ca
604-931-8555

When seats are full, you will be added to a waitlist for future dates.

Como Lake United - Registration Open!

Como Lake United Church is once again hosting an opportunity to share in the **Blanket Exercise Workshop on Sunday May 3, 2026 at 1:00PM.**

We highly recommend this workshop, it is very well run, educational, and a personal opportunity to understand and feel the strong need for Truth and Reconciliation in today's world.

To register, please phone the Church at 604-931-8555 or email office@comolakeunited.ca

Register early to ensure a spot! The \$10 registration fee can be sent, upon registration, by e-transfer to finance@comolakeunited.ca

Imagine Children's Retreat

For more information visit:

<https://www.firstthirdministry.ca/imaginechildrensretreat.html>



The Pacific Mountain Region

And World Council of Churches

Pacific Mountain Region

For current events and news, please visit the **Pacific Mountain Region** website.

Pacific Mountain Region Indigenous Ministry

For current events and news, visit PMR Indigenous Ministry - **click here!**

The World Council of Churches

Please visit the **World Council of Churches** website for the Ecumenical Prayer Cycle prayers for the current week.



Financial Offerings

The ministry of Inlet United Church relies heavily on donations from you to keep the ministry operational. Your financial offering is a faith response and a symbol of stewardship. We use these donations to do the work of Jesus both here in this community and far beyond our own walls.

There are 4 easy ways to donate (tax receipts issued at end of year):

1) Interac e-transfer through your bank or credit union. Interac e-transfers should be sent to **donations@inletunited.ca**.

2) PAR (automatic monthly donations through your bank). Please reach out to Marcia Carmichael or the office via phone or email to set this up. ****Note - If you would like to increase your monthly PAR offerings, please contact Marcia to arrange this.****

3) Donate via credit card on our website – **www.inletunited.ca** – using the “Give” option (select "Local Offerings/General" from the "To" drop down)

4) Send a cheque made out to Inlet United Church to the office. Remember to include your envelope/donor number if you have one.

If you are attending in person, you may donate via our wooden offering box on Sundays in the sanctuary. Please write your name, contact information and/or envelope number on the envelope if you would like your donation to be added to your annual tax receipt.

We thank you again for your generosity and your support!

For more information visit:
<https://www.inletunited.ca/give>



Inlet United Church Contact Information

Get in Touch!

Office Hours: Monday - Friday from 9:30am - 3:30pm

EMAIL:

Rev. Jennifer Swanson | revjenn@inletunited.ca

Office Administrator – Kelly Doyle | office@inletunited.ca

AV Technician - Robbie Munro | AVTech@inletunited.ca

Music Director - Scott Gould | scott@scottgould.ca

PHONE:

Main Church Number: 604-939-5513

Minister's Direct Line: 778-369-1938

ADDRESS:

2315 Spring Street, Port Moody, BC V3H 0L7

Website: www.inletunited.ca



Newsletter Submissions

Your submissions are welcome!

HOW TO SUBMIT YOUR POST

Please submit posts to office@inletunited.ca.

Submission deadline: End of day Wednesday each week.

The newsletter features Inlet United Church and related community posts. Please include your event or news information and a photo if you like.

Inlet United Church retains the right to edit all submissions for brevity and clarity, to remove or not include submissions.

Thank you!